

BlanQuest[®] PRO

GloboDent BlanQuest[®] Pro In-Office Teeth Whitening Kit

Dental Treatment Procedure



DENTAL TREATMENT PROCEDURE

The following section details the treatment procedures and options available with the GloboDent BlanQuest® Pro In-Office Teeth Whitening Kit. Please be aware that the BlanQuest® Pro treatment must be administered by a dental professional or under the supervision of a dental professional.

The BlanQuest® Pro treatment procedure is very straightforward and safe, however if you have any specific questions or concerns, please do not hesitate to contact us.

STEP A - SHADE MATCHING

- 1) Assess the Client
 - Check status of teeth
 - Create teeth whitening plan
 - Go over Client Consent Form
- 2) Match teeth shade with VITA Bleachedguide
 - First determine (by yourself) shade of teeth (canine and front)
 - Check shade with client
 - Record shade

STEP B - PREPARATION

- 3) Put on protective eye goggles
 - Protection from light and gels
- 4) Clean the surface of the teeth
 - Rinse and air-dry the teeth (whitening gel should be applied to dry teeth for best results)
- 5) Apply “generous” layer of Lip Protection Cream (Vitamin E)
 - Helps with dry lips (Mouth open for 30-45 minutes)
 - Helps to place Cheek Retractor
 - Explain it’s petroleum jelly
- 6) Insert Cheek Retractor
 - Tongue guard facing downwards
 - Create “O” shape and slide from side to side
 - Inform client to bite down to help relax and it’s ok to swallow saliva. Biting down helps to create further separation between teeth and lips.



- 7) Insert cotton rolls
 - Insert on either side of the frenum of the upper and lower lips
 - Helps to keep lips away from teeth
 - Helps with maintaining saliva
- 8) Position face protection cloth
 - Fold down to ease breathing

STEP C - APPLY THE WHITENING GEL

- 9) Apply Gingival Barrier
 - Dry gingiva prior to application
 - Apply the resin directly from the syringe onto the gingiva
 - Cover an area extending about 3-4 mm from the free gingival margin into exposed gum area
- 10) Light Cure the Gingival Barrier
 - Use standard curing light
 - Move across arch for around 20 seconds (typically 2 cycles of 20 seconds each in circular motion around gingiva area will be enough to cure the material)
 - Do not cure any one area for too long so as to avoid excess heat
- 11) Apply additional lip protection cream (Vitamin E) to lower or upper lip soft tissue
 - Use cotton swab and apply to upper/lower gums and inner lips. After the application of the retractor and gingiva, more lip tissue has been exposed that could come in contact with the gel applied to the teeth. Lip protection (Vitamin E) should be applied to these areas to avoid irritation in case any gel came into contact with this area inadvertently).
- 12) Dry surface of teeth
 - Wet teeth inhibits whitening process
 - Use an air hand piece or cotton ball
- 13) Open GloboDent BlanQuest® Pro syringe foil wrap
 - Ensure its vacuum sealed
 - Remove tip
- 14) Apply gel to teeth
 - Apply 2mm thick layer
 - Apply to smiling teeth (16 or more)



STEP D - LIGHT ACTIVATION

Note: The BlanQuest® Pro is designed for use WITH or WITHOUT a whitening accelerator. The length of procedure is adjusted depending on the severity of the stains/case and if a whitening accelerator is being used. If an accelerator is being used, then it is recommended to complete 3 sessions of 10 minutes each. If an accelerator is NOT being used, then it is recommended to complete 3 sessions of 15 minutes each.

15) Whitening Accelerator

- Place as close as possible without touching retractor
- 90-degree angle

16) Start first cycle

- Press start button to start the first 10-minute cycle
- You may adjust intervals to desired treatment time, then Start

17) Provide client with relaxing atmosphere (TV, music, etc.)

- Check on client to make sure light is still positioned (in case client moved)
- Intervals may be paused at any time if needed

18) Treatment cycle completed

- Use dry suction to remove the whitening gel. Water should NOT be used between sessions for rinsing or any other reason, as contact with water breaks down the bleaching/whitening process. Cotton rolls or Q-tips is another option for tools to remove the gel as some suction devices use water as part of the suction process.
- Wipe away from gums
- **Do not rinse**

19) Repeat Steps 14 through 18 twice for a total of three cycles of 10 minutes each. If no light accelerator is being used, then it would be three cycles of 15 minutes each.

STEP E - TREATMENT WRAP-UP

20) After final cycle remove lamp

- Remove cheek retractor and protective eyewear
- Rinse mouth well (room temp. water)

21) If need, apply Blue GloboDent Remineralizing Gel

- Apply to teeth in a 3mm thick layer
- Allow to remain on the teeth for five minutes, then remove and rinse mouth
- No light activation is needed for this step



STEP F - POST-TREATMENT

- 22) Use VITA Bleachguide to show change in shade
- Mark new shade
 - Make sure you assure client of GREAT RESULTS “WOW”
 - Go over post-treatment guidelines
 - Go over touch up options
- 23) Note: Severe Stains
- To treat teeth with dark stains or tetracycline stains
 - Recommend additional options
 - i. Two professional sessions done 2 weeks apart.

IMPORTANT POINTS TO NOTE

- Pregnant or lactating women or persons under the age of 16 are not recommended to undergo the procedure.
- Terminate the whitening procedure if any client reports severe tooth sensitivity and remove all whitening gel.

NOTE: Within the 24 to 48 hours after the procedure, clients should avoid colored food and drinks. Use of tobacco products should be limited.

CONTRAINDICATIONS

- GloboDent BlanQuest® Pro Whitening Gel is contraindicated for clients with known allergy or chemical sensitivity to peroxides or glycols.

FOR BEST RESULTS

The recommended initial treatment schedule is three, 10–15-minute applications of the whitening gel. If additional whitening results are desired, additional sessions can be performed depending on whitening plan designed for the specific patient.

SPECIAL NOTES

- Advise the client that it is safe to swallow his or her saliva during the treatment.
- If the whitening paste or gel comes into contact with the client’s gums during the treatment, the pink tissue may turn white during the treatment. This will fade in a few hours following the treatment and is not cause for concern. Vitamin E should be applied to this location to help with any possible irritation. Allergy medicine may be used for severe irritation and a dental professional must be contacted.
- Depending on the client’s diet, oral hygiene, and use of tobacco products, periodic touch-up treatments may be necessary to maintain his or her new, white smile.



STORAGE AND MAINTENANCE

- Store all items in a cool, dry place. Avoid exposure to direct sunlight.
- **GloboDent BlanQuest® Pro Gel syringes must be stored near 5°C.** These syringes are packed separately for easy storage in the refrigerator.
- It is recommended that any partially used whitening gel be stored in the refrigerator to preserve the effectiveness of the whitening gel formula. Store the remaining gel in the refrigerator until ready to use.
- GloboDent gingival barrier is not required to be refrigerated. It is recommended to be moved to a room temperature environment for at least 24 hours prior to procedure to help with the viscosity needed for the gel to squeeze through the metal tip.

PRECAUTIONS AND WARNINGS

The BlanQuest® Pro 35% hydrogen peroxide gel syringe has been laboratory tested to remain stable if refrigerated and stored properly through the expiration date. However, shipping conditions vary and even short-term exposure to higher temperatures can damage the material. Do not use if the following conditions are present:

- Foil package around whitening gel syringes is no longer vacuum-sealed.
- There is gel leakage evident.
- The gel is no longer viscous and has become liquid or runny.

Keep out of reach of children. If accidentally swallowed, get medical help or contact a Poison Control Center right away. If this product comes into contact with skin or eyes, rinse immediately with water and seek medical attention.

Other Reminders and Precautions

1. For some clients, especially those with teeth speckled with fluoride, the whitening may not look completely even following the treatment. Under close inspection, there may be small spots on the teeth that are lighter or darker than other parts of the tooth. The whitening gel will continue to penetrate and the teeth will obtain a more even whiteness and shine after 24 hours. This is due to the many layers in the structure of the teeth. Ask the client to be patient and wait for the full effect to appear.
2. If the client has serious cracks in his or her teeth, he or she should not undergo the treatment. If sensitivity is noticed during the treatment, the treatment should be stopped immediately to avoid continued discomfort.
3. Teeth with medium to severe tetracycline stains, other antibiotic stains, or teeth speckled by fluoride may see a slight “rebound” or loss of some of the whitening results (one to two shades) in the 48 hours following the first treatment. The improvement in color will be stable after the second treatment.

For further questions, please visit us at www.globodent.com or email us at info@globodent.com.

