

BlanQuest Home Whitening Treatment Kit

GloboDent Blan-Quest Home Whitening Kit Instructions

1. Floss and brush your teeth. Make sure not to irritate the gums.
2. Twist off the clear plastic cap from the syringe.
3. Place a small drop of whitening gel, in the tooth compartments for your teeth that can be seen when you smile in both the top and bottom trays (usually 8-10 teeth per tray). Each syringe has three treatment doses.
4. Fit the trays over your top and bottom teeth snugly.
5. Keep away from the gums. Remove excess gel with a cotton bud or a dry toothbrush. When inserting the trays, take care to avoid pushing the gel up over the edge of the tray.
6. Wear trays for 30 minutes.
7. At the end of the 30 minutes, remove the trays. Rinse your mouth and brush excess gel off your teeth. Rinse the trays with cold water. Hot/Warm water may damage the trays. If necessary, use a toothbrush to remove any leftover gel. Place trays in the protective case and store in a cool, dry place.

Post-Procedure

After the end of the last session, remove whitening gel. Apply a small drop of GloboDent Remineralizing Gel in each of the tooth compartments of the teeth that were whitened. GloboDent Remineralizing Gel activating ingredient has been shown to strengthen and remineralize dental enamel while decreasing risks of tooth sensitivity. Leave remineralizing gel on teeth for 3-5 minutes. It is recommended to use the GloboDent Remineralizing Gel every other day during the whitening process, but may be used more frequently if necessary.

Note: For best results, it is recommended to use the Blan-Quest Home Whitening for 10 to 14 days. Teeth Condition, Age, Anatomy, Diet, Hygiene, etc., determine the results each patient will attain and maintain

Precautions:

- Keep out of reach of small children.
- Not suitable for pregnant or lactating women.
- Contains Hydrogen Peroxide. Whitening Gel is contraindicated for patients with known allergy or chemical sensitivity to peroxides or glycols.
- Avoid contact with eyes.
- Harmful if swallowed.
- Dental examination is recommended before bleaching.

WARNING: Minor gum irritation or sensitivity to teeth may occur. If severe irritation or discomfort occurs, stop using this product and consult your dentist.

Avoid use of tobacco products or staining foods/drinks while bleaching.

Depending on your diet, oral hygiene, and use of tobacco products, periodic touch-up treatments may be necessary to maintain whitening results.

Avoid exposure to sunlight or heat.

Store at controlled room temperature or refrigerate at 2° C - 10° C (36° F an 50° F). Do not freeze.

Instructions for Tray Forming (if applicable):

1. Place the tray over your upper teeth before placing it in boiling water. Practice with your tongue on the roof of your mouth and touching the inside of the tray. Suck the air from the tray. This contours the guard to the inside surface of the teeth. When finished, repeat with the lower tray.
2. Bring water to a boil. The bowl should be at least 4" deep to ensure the trays are fully immersed. Remove the container from the heat and dip one tray in the hot (but not boiling) water holding the tab. Keep the tray in the water for 5 seconds. Make sure the edges do not fold onto each other.
3. Lift the tray vertically from the water using the tab. Carefully and quickly place the tray around the teeth and then immediately perform the procedure outlined in Step 1. Repeat with the second tray.
4. Once you are satisfied with the fit, trim the front tab away from the tray with scissors. Make sure it is flush with the front surface of the tray.
5. Your custom formed trays are now ready for whitening or remineralizing gel.



Storage

Refrigerate gel at 2° C - 10° C (36° F and 50° F). Storage temperature above 10° C (50° F) will result in reduced shelf life.

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