

## **BlanQuest Professional Whitening Treatment Kit**

### **Indications for use**

The **BlanQuest Professional Whitening Treatment Kit** is designed for treating dark, discolored tooth/teeth caused by dark food and/or drink intake, but also discolorations caused by pharmacological, traumatic factors such as dental fluorosis, tetracycline and adult minocycline stains.

The **BlanQuest Pro Kit** uses a 35% hydrogen peroxide gel on its own or in combination with a chairside whitening accelerator. In some cases, post care will be recommended for added results, including usage of the **BlanQuest Home Whitening Kit** or **LuxBrite Personal Teeth Whitening Accelerator**.

The **BlanQuest Pro Kit** is intended for in-office use only by a trained dental professional. A consultation is recommended to ensure no underlying oral health issues exist; set realistic expectations about results based on oral exam and to explain that results may vary. Most experience 3-8 shade change on a VITA Classical Shade Guide. Teeth Condition, Age, Anatomy, Diet, Hygiene, etc., determine the results each patient will attain and maintain.

Teeth with yellow and brown stains obtained from dark drink and foods and tobacco use will achieve greater results, while those with gray shading from tetracycline, fluorosis stains, or other medications, may experience less dramatic results but should improve. Crowns and other tooth-colored restorations will not whiten; to maintain uniform color, tooth-colored restorations may require replacement following the whitening procedure.

### **Contraindications**

Not recommended for:

Pregnant or lactating women.

Children under the age of 16 years.

Those currently treated for a serious illness or disorder (Immune compromised, Cancer, AIDS).

Allergic to peroxides or glycols.

### **Precautions**

Keep out of reach of children.

Store in cool place away from combustible material.

Wear suitable protective clothing and eyewear.



### Pre-Procedure

**Step 1:** Determine and record shade of teeth using Vita Guide.

**Step 2:** Perform an oral exam and consult desired whitening results to determine best treatment plan.

**Step 3:** Apply Vitamin E or a lip protection cream to lips.

**Step 4:** Place protective eye goggles on the patient.

**Step 5:** Insert retractor at an angle, retracting one side at a time. Carefully place face protection cloth around retractor.

**Step 6:** If needed for further retraction of the lips, place cotton rolls in center of upper and lower vestibules. Apply extra lip protection to new exposed areas.

### Procedure

**Step 7:** Dry the teeth and gums.

**Step 8:** Isolate teeth to be bleached using GloboDent Gingival Protection. No pink tissue should be visible between teeth and gums. Gingival Protection may become warm upon curing, therefore light curing in a circular motion is recommended. If using a whitening accelerator, use any additional recommendations provided by the light provider.

**Step 9:** Apply GloboDent BlanQuest 35% whitening gel 2.0 to 3.0 mm thick layer per tooth. Place gel on the labial surfaces. Gel should be viscous and should not run.

**Step 10:** Patient should be lying in reclined position (45° degree angle) and able to swallow comfortably while maintaining light pressure on bite block on retractor.

### Whitening Sessions

**Step 11:**

With Whitening Accelerator: Adjust light to maintain correct light exposure on smile zone.

Complete 3 sessions of 14 minutes each.

After each session, remove gel from teeth using suction only. If needed, place additional Vitamin E to any needed areas. DO NOT use water between sessions for rinsing. Repeat gel application two more times for a total of three applications.



### Post-Procedure

**Step 12:** After the end of the last session, remove whitening gel. Apply 1mm thick layer of GloboDent Remineralizing Gel. GloboDent Remineralizing Gel activating ingredient has been shown to strengthen and remineralize dental enamel while decreasing risks of tooth sensitivity. Leave desensitizing gel on teeth for 3-5 minutes.

**Step 13:** Remove Remineralizing Gel, remove gingival protection, cheek retractor, cotton rolls, and protective eye goggles.

**Step 14:** Rinse patient's mouth with water.

**Step 15:** Show the patient their new white tooth shade.

### Important Points to Note

Advise patient not to consume staining food or drinks (coffee, tea, red pasta, etc.,) for 2 days after the whitening procedure.

For additional results or maintenance, the patient may choose this procedure again or use the GloboDent BlanQuest Home Whitening Kit.

Pregnant or Lactating women and children under the age of 16 are not recommended to undergo the whitening procedure.

### Storage

Refrigerate gel at 2° C - 10° C (36° F and 50° F). Storage temperature above 10° C (50° F) will result in reduced shelf life.

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